

# ***Hallie E. Sheade, PhD, LPC-S, RPT-S***

(682) 219-8733

*Hallie@stepswithhorses.org*

## **VITAE HIGHLIGHTS**

- Founder and Executive Director of S.T.E.P.S. With Horses, a nonprofit equine assisted mental health services program, exclusively devoted to mental health treatment
- Founder and President of Equine Connection Counseling, a private equine assisted counseling and psychotherapy practice and professional training program located near Fort Worth, TX
- Licensed Professional Counselor Supervisor (LPC-S - Texas) and Registered Play Therapist Supervisor (RPT-S)
- Author of *Equine-Assisted Counseling and Psychotherapy: Healing Through Horses*
- Developed evidence-informed models for the practice of equine assisted counseling: Relational Equine-Partnered Counseling and Equine-Partnered Play Therapy
- More than 30 peer-reviewed presentations at state, national, and international conferences
- Psychotherapy Technical Editor for PATH Intl.'s *Strides*
- Associate Mental Health Faculty/Evaluator for PATH Intl. ESMHL Workshop. PATH Intl. Certified Therapeutic Riding Instructor (CTRI) and Certified Equine Specialist in Mental Health and Learning (ESMHL). Trained in Equine Assisted Growth and Learning (EAGALA) Model for equine assisted counseling
- Instructor for undergraduate-level Diversity and Cultural Awareness. Teaching assistant for 9 graduate counseling courses including CACREP courses. Co-Instructor for Animal Assisted Therapy courses
- Awarded recognitions include the Chi Sigma Iota International Outstanding Practitioner Award, Marjorie V. Kittredge Equine-Facilitated Psychotherapy and Learning Scholarship, and Texas Counseling Association Educational Endowment Fund Award
- Provided over 8,000 counseling hours in clinic, school, and equine assisted counseling settings with diverse populations. Experienced in child, adolescent, and adult counseling; family counseling; couples counseling; and group counseling
- Advanced research training in qualitative and quantitative in research methods. Completion of 6 doctoral level research analysis courses
- Experience in providing clinical supervision in individual, triadic, and group formats

## CURRICULUM VITAE

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### **Hallie E. Sheade, PhD, LPC-S, RPT-S**

PO Box 123737

Fort Worth, Texas 76121

Telephone: (682) 219-8733

Email: Hallie@stepswithhorses.org

#### Education

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2015

#### **PhD in Counseling**

University of North Texas, CACREP-accredited  
Specialty Areas: Animal Assisted Therapy, Equine Assisted Counseling, Multicultural and Diversity Considerations, Supervision, Military Veterans, Child & Adolescent Counseling/Play Therapy  
Dissertation Title: *Effectiveness of Relational Equine-Partnered Counseling (REPC) in Reducing the Symptoms of PTSD in Military Veterans: A Single Case Design*

2010

#### **MS in Professional Counseling**

Georgia State University, CACREP-accredited  
Specialty Areas: Community Counseling, Equine Assisted Counseling

2007

#### **BS in Psychology**

#### **BS in Biology**

University of Miami

Minor: Spanish

#### **LICENSURES, CERTIFICATIONS, AND TRAINING**

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April 2020

**Registered Play Therapist Supervisor (RPT-S) #T-2452**, Association for Play Therapy  
(*currently held*)

April 2020

**Licensed Professional Counselor Supervisor (LPC-S) #67848**, TX  
(*currently held*)

June 2014

**National Certified Counselor (NCC) #344728**, National Board for Certified Counselors

July 2014

**Registered Play Therapist (RPT) #T-2452**, Association for Play Therapy

January 2014      **Licensed Professional Counselor (LPC) #67848, TX**

December 2011    **Certified Equine Specialist in Mental Health and Learning #75331**  
Professional Association of Therapeutic Horsemanship International  
*(currently held)*

August 2011      **Registered Pet Partner**  
Pet Partners

June 2011        **Certified Equine Specialist #22821**  
Equine Assisted Growth and Learning Association

June 2011        **Certified Mental Health Specialist #22821**  
Equine Assisted Growth and Learning Association

May 2011         **Licensed Professional Counselor-Intern #67848, TX**

February 2008    **Certified Therapeutic Riding Instructor (formerly Registered  
Instructor) #75331**  
Professional Association of Therapeutic Horsemanship  
*(currently held)*

#### **GRANTS, AWARDS, HONORS**

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2015              Outstanding Practitioner Award, Chi Sigma Iota International

2014              Outstanding Practitioner Award, Chi Sigma Iota, Rho Kappa Chapter

2013              Marjorie V. Kittredge Equine Facilitated Psychotherapy and Learning National  
Conference and Annual Meeting Scholarship, Professional Association of  
Therapeutic Horsemanship International

2013              Honoring Pet Companions Scholarship, University of North Texas

2013              Educational Endowment Fund Award, Texas Counseling Association

2011, 2012      College of Education Graduate Student Travel Award, University of North Texas

2010-2013      Graduate Assistantship Tuition Scholarship, University of North Texas

2010-2013      Academic Achievement Scholarship, University of North Texas

2010              Cynthia Chandler and Rusty Therapy Dog Scholarship, University of North Texas

2010              Honoring Pet Companions Scholarship, University of North Texas

2003-2007 Henry King Stanford Scholarship, University of Miami

## **TEACHING EXPERIENCE**

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### **STEPS With Horses, Fort Worth, Texas**

#### **Trainer**

Fall, 2022 Introduction to Equine-Partnered Play Therapy (2.5-day workshop)

Spring, 2022 Introduction to Equine Assisted Counseling (6-hr workshop)

### **Professional Association of Therapeutic Horsemanship International, Denver, Colorado**

#### **Associate Mental Health Faculty/Evaluator**

2022-present Equine Specialist in Mental Health and Learning Workshop

#### **Faculty Candidate**

2017-2022 Equine Specialist in Mental Health and Learning Workshop

### **University of North Texas, Denton, Texas**

Department of Counseling and Higher Education (CACREP-accredited)

#### **Instructor/Teaching Fellow**

Fall 2012 COUN 2620: Diversity and Cultural Awareness  
Responsible for 100% of course development and instruction under supervision

#### **Co-Instructor**

Summer 2011, 2012 COUN 5530: Animal Assisted Therapy  
Responsible for 50% of course instruction under supervision

#### **Teaching Assistant**

Spring 2013 COUN 5740: Group Counseling Theories and Procedures  
Responsible for 30% of course instruction under supervision

Fall 2012 COUN 5680: Basic Counseling Skills  
Responsible for 30% of course instruction under supervision

Summer 2011 COUN 5790: Counseling Culturally Diverse Clients  
Responsible for 30% of course instruction under supervision

Summer 2011 COUN 5610: Addiction Counseling

Responsible for 30% of course instruction under supervision

Spring 2011 COUN 5200: Counseling Adolescents  
Responsible for 30% of course instruction under supervision

Spring 2011 COUN 5710: Counseling Theories  
Responsible for 30% of course instruction under supervision

*Teaching evaluations available upon request.*

## CLINICAL EXPERIENCE

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November 2021-  
Present **Executive Director (Equine Assisted Mental Health Services)**  
S.T.E.P.S. With Horses, Fort Worth, TX  
*Provide equine assisted counseling to adults, adolescents, and children; parent consultation; group counseling for children and adolescents; couples and family counseling; form partnerships with community agencies to serve populations in need; manage business and administrative tasks for practice; provide clinical supervision to counseling interns and equine specialists; design and develop play therapy area; coordinate equine management; create and review budgets, policies, and procedures*

February 2014-  
Present **Founder/Counselor (Equine Assisted Counseling)**  
Equine Connection Counseling, Fort Worth, TX  
*Provide equine assisted counseling to adults, adolescents, and children; parent consultation; group counseling for children and adolescents; couples and family counseling; form partnerships with community agencies to serve populations in need; manage business and administrative tasks for practice; provide clinical supervision to counseling interns and equine specialists; design and develop play therapy area*

January 2012-  
January 2014 **Contract Counselor (Equine Assisted Counseling)**  
Victory Therapy Center (formerly Rocky Top Therapy Center), Keller, TX  
*Provided individual equine assisted counseling to adults, adolescents, and children; parent consultation; group counseling for children and adolescents; couples and family counseling; developed manual for practice of Relational Equine-Partnered Counseling, implemented protocol and guidelines for development of equine assisted play therapy program, provided ongoing peer supervision and consultation, assisted in management of equine husbandry*

- Fall 2011-  
Summer 2012      **Assistant Director of Clinical Services**  
Counseling and Human Development Center, University of North Texas  
*Provided consultation for doctoral and masters practicum students, and administrative staff; oversaw intakes and prepared files for distribution among counselors, assisted with program development and organization, and assisted with general clinic management*
- Fall 2011-  
Spring 2012      **Mental Health Counselor in Schools**  
Denton Independent School District, Denton, TX  
*Provided weekly group play therapy services to students and consultation to parents, teachers, and school counselors*
- Summer 2010-  
Spring 2013      **Staff Counselor**  
Child and Family Resource Clinic, University of North Texas  
*Provided individual counseling to adults, adolescents, and children; parent consultation; group counseling for children and adolescents; couples and family counseling; conducted intake interviews, administered and scored client assessments*
- Spring 2013      **Group Counselor**  
Counseling and Human Development Center, University of North Texas  
*Facilitated weekly process group of master's students participating in group counseling course*
- Fall 2010-  
Spring 2011      **Staff Counselor**  
Counseling and Human Development Center, University of North Texas  
*Provided individual counseling services to adults and children; provided parent consultations and filial therapy, conducted intake interviews, administered and scored client assessments*
- Fall 2009-  
Spring 2010      **Counselor Intern (Equine Assisted Counseling)**  
Pathways Transition Programs (HorseTime), Covington, GA  
*Provided individual and group equine assisted counseling services to sexually abused and at-risk children and adolescents; provided parent consultation; administered and scored assessments, co-facilitated support groups for children who had been sexually abused; participated in weekly case staffing; conducted intake interviews; participated in community outreach projects and advocacy; assisted in equine management and husbandry*
- Fall 2007-  
Fall 2008      **Behavioral Data Specialist**  
Marcus Autism Center, Atlanta, GA  
*Provided applied behavior analysis services under the direction of a BCBA. Tracked behavioral data and generated graphs and reports to inform treatment. Assisted in development of treatment plans.*

*Communicated with caregivers regarding progress and behavioral interventions*

## **SUPERVISION EXPERIENCE**

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### **S.T.E.P.S. With Horses, Fort Worth, TX**

#### May 2023-present **Site Supervisor**

##### Internship

*Provide weekly supervision and training for one masters-level clinical mental health counseling intern (Nova Southeastern University) and one undergraduate-level psychology intern (University of North Texas) in equine assisted mental health services*

#### Fall 2022-May 2023 **Site Supervisor**

##### Internship

*Provide weekly supervision and training for one masters-level clinical mental health counseling intern (Texas Christian University) and one masters level social work intern (University of Louisville) in equine assisted counseling*

#### Spring 2022-Summer 2022 **Site Supervisor**

##### Internship

*Provide weekly supervision and training for one masters-level counseling intern (University of Memphis) in equine assisted counseling*

### **Equine Connection Counseling, Fort Worth, TX**

#### Spring 2021-present **LPC Supervisor**

##### Supervised Experience

*Provide weekly individual and group supervision for LPC Associates specializing in equine and animal assisted counseling*

#### Summer 2021-Fall 2021 **Site Supervisor**

##### Internship

*Provide weekly supervision and training for one masters-level counseling (University of North Texas) in equine assisted counseling*

#### Fall 2020-Spring 2021 **Site Supervisor**

##### Internship

*Provide weekly individual supervision and training for two one masters-level counseling interns (University of North Texas and Tarleton State University) in equine assisted counseling and play therapy*

Summer 2020 **Site Supervisor**  
Internship  
*Provide weekly individual supervision and training for one masters-level counseling intern (University of North Texas) in equine assisted counseling*

Spring 2020 **Site Supervisor**  
Internship  
*Provide weekly individual supervision and training for one masters-level counseling intern (University of North Texas) in equine assisted counseling and play therapy*

Spring-Summer 2019 **Site Supervisor**  
Internship  
*Provide weekly individual supervision and training for one masters-level counseling intern (University of North Texas) in equine assisted counseling play therapy*

Spring-Summer 2016 **Site Supervisor**  
Internship  
*Provide weekly individual supervision and training for one masters-level counseling intern (University of North Texas) in equine assisted counseling and play therapy*

Spring-Summer 2015 **Site Supervisor**  
Internship  
*Provide weekly individual supervision and training for one masters-level counseling intern (University of North Texas) in equine assisted counseling and play therapy*

**University of North Texas**, Denton, Texas  
Department of Counseling and Higher Education (CACREP-accredited)

Fall 2012 **Supervisor**  
COUN 5660: Advanced Counseling Skills  
*Provided weekly group supervision for 4 master's-level students on CMHC and child specialty/play therapy track*

Summer 2012 **Supervisor**  
Counseling and Human Development Center, University of North Texas  
*Provided weekly individual supervision for one masters practicum student*

Summer 2012 **Supervisor**  
COUN 5660: Advanced Counseling Skills  
*Provided weekly group supervision for 4 master's-level students*



- Fall 2011                    **Supervisor**  
 COUN 5690: Practicum  
*Provided weekly individual and triadic supervision for 3 master's-level students in practicum and weekly group supervision for 7 master's-level students*
- Spring 2011                **Supervisor**  
 COUN 5660: Advanced Counseling Skills  
*Provided weekly group supervision for 2 master's-level students*

## RESEARCH EXPERIENCE

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**University of North Texas**, Denton, TX  
 Department of Counseling and Higher Education (CACREP-accredited)

- Fall 2013-  
 Summer 2015              **Dissertation:** *Effectiveness of Relational Equine-Partnered Counseling (REPC) in Reducing the Symptoms of PTSD in Military Veterans: A Single Case Design*  
 Major Professor: Dr. Cynthia Chandler
- Spring 2013                **Research Assistant** for Animal Assisted Therapy Study  
 Chandler, C. K. (In progress). *People and Pets*.  
 Denton, TX: University of North Texas.  
*Conducted literature review to support study design*
- Fall 2011-  
 Spring 2012                **Research Assistant** for Supervision and Teaching Study  
 Kern, C. (2013). *Supervising and teaching resilience*.  
 Denton, TX: University of North Texas. A  
*Assisted with literature review regarding assessment instruments to measure resilience; collaborated in development of teaching and supervision techniques to facilitate resilience*
- Fall 2010-  
 Summer 2011              **Research Assistant** for School Counseling Study  
 Fineran, K. *Mental health needs of middle school students*.  
 Denton, TX: University of North Texas.  
*Assisted with literature review to support justification for study; analyzed survey data; participated in manuscript development*

**Georgia State University**, Atlanta, GA  
 Department of Educational Psychology

- Spring 2009                **Research Assistant** for Educational Psychology Project  
 Anggoro, F. *Science learning in elementary-school age children*  
 Atlanta, GA: Georgia State University

*Assisted with administration of science learning intervention for middle school students; analyzed and compiled data*

**Saint Louis Zoo**, St. Louis, MO  
Exotic Animal Hospital

Summer 2006      **Research Assistant** for Animal Behavior Study  
Asa, C. *Sociosexual behavior in Grevy's zebra and Somalian Wild Ass*  
St. Louis, MO: Saint Louis Zoo  
*Assisted in developing observation protocol for animal observations; assisted in creating operational definitions for behavior observation; conducted behavioral observations; trained staff on operational criteria; analyzed and coded observational data*

Summer 2006      **Research Assistant** for Animal Behavior Study  
Asa, C. *Breeding success in Channel Island Foxes*  
St. Louis, MO: Saint Louis Zoo  
*Assisted in developing observation protocol for animal observations; assisted in creating operational definitions for behavior observation; conducted behavioral observations; analyzed and coded observational data*

**University of Miami**, Coral Gables, FL  
Department of Biology

Spring 2007      **Research Assistant** for Animal Behavior Study  
Wolovich, C. *Acoustic communication in owl monkeys*  
Coral Gables, FL: University of Miami  
*Observed and analyzed acoustic communication in owl monkeys; assisted in data analysis*

Spring 2006      **Research Assistant** for Animal Behavior Study  
Murray, K. *Time-activity budgets in Buffy Flower Bats*  
Coral Gables, FL: University of Miami  
*Assisted in creating operational definitions for behavior observations; conducted behavioral observations; coded behavioral data; assisted in data analysis; created a poster for presentation*

## **SCHOLARSHIP**

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### **Publications**

**Sheade, H.** (2023). Relational Equine-Partnered Counseling. In C. Meola (Ed.), *Integrating horses into healing*. Elsevier.

- Sheade, H. E.** (2021). *Equine-assisted counseling and psychotherapy: Healing through horses*. New York, NY: Routledge.
- Sheade, H.** (2019). Equine-partnered play therapy™ for children with oppositional behavior. In K. S. Trotter & J. N. Baggerly (Eds.), *Equine-assisted mental health interventions: Harnessing solutions to common problems*. New York, NY: Routledge.
- Sheade, H., & Box, L.** (2017, Spring). EFP Ethics and Skills for ESMHLs. *PATH Intl. Strides.*, 23(2), 22-28.
- Sheade, H.** (2015). *Effectiveness of relational equine-partnered counseling (REPC) on reduction of symptoms of PTSD in military veterans: a single case design*. (Doctoral dissertation). Retrieved from ProQuest Dissertations and Theses. (ProQuest Number 10034403).
- Sheade, H., & Box, L.** (2014, Summer). Playtime with horses: Equine-partnered play therapy. *PATH Intl. Strides*, 20(3), 18-21.
- Sheade, H., & Chandler, C. K.** (2014, Fall). Diversity considerations in animal assisted counseling. *VISTAS Online*.
- Sheade, H., & Chandler, C. K.** (in progress). *Integrating Adlerian theory with equine assisted counseling*.

### **Peer-Reviewed Presentations**

- Sheade, H.** (2020, November). *Partnering with equines to treat trauma*. Texas Counseling Association Professional Growth Conference (virtual conference).
- Sheade, H.,** (2019, November). *What is equine therapy anyway?* Texas Counseling Association Professional Growth Conference, Fort Worth, TX.
- Sheade, H., & Ziehe, P.** (2019, November). *Joining up with children: Learning to work effectively with children in EAAT*. Professional Association of Therapeutic Horsemanship International Conference and Annual Meeting, Denver, CO.
- Sheade, H., & Ziehe, P.** (2018, October). *Crisis in the barn: EAAT participants and suicide*. Professional Association of Therapeutic Horsemanship International Conference and Annual Meeting, Orlando, FL.
- Sheade, H., & Ziehe, P.** (2018, October). *The power of effective communication: Promoting quality improvement in EAAT*. Professional Association of Therapeutic Horsemanship International Conference and Annual Meeting, Orlando, FL.
- Sheade, H., & Crandall, D.** (2017, November). *Addressing PTSD in military Veterans using equine-assisted counseling*. Texas Counseling Association Professional Growth

Conference, Galveston, TX.

**Sheade, H., & Crandall, D.** (2017, November). *Bringing the session to the pasture: Ethics and best practices in equine assisted counseling*. Texas Counseling Association Professional Growth Conference, Galveston, TX.

**Sheade, H., & Crandall, D.** (2017, November). *Playing with horses: Equine-partnered play therapy for children with trauma*. Texas Counseling Association Professional Growth Conference, Galveston, TX.

**Sheade, H., & Crandall, D.** (2017, November). *Relational equine-partnered counseling: A new framework for EFP*. Professional Association of Therapeutic Horsemanship International Conference and Annual Meeting, San Antonio, TX.

Crandall, D., **Sheade, H., & Ziehe, P.** (2017, November). *Healing trauma: Hope through horses*. Professional Association of Therapeutic Horsemanship International Conference and Annual Meeting, San Antonio, TX.

Crandall, D., Hightower, T., Ziehe, P., & **Sheade, H.** (2017, November). *EAAT and military clients: Providing culturally-sensitive services*. Professional Association of Therapeutic Horsemanship International Conference and Annual Meeting, San Antonio, TX.

**Sheade, H. & Ziehe, P.** (2016, November). *Addressing ptsd in military veterans using equine facilitated psychotherapy: Result of a dissertation study*. Professional Association of Therapeutic Horsemanship International Conference and Annual Meeting, Williamsburg, VA.

**Sheade, H., & Chandler, C.K.** (2014, November). *Healing through horses: Equine assisted counseling with at-risk youth*. Texas Counseling Association Annual Conference, Dallas, TX

**Sheade, H., & Yterdal, H.** (2014, October). *Psychotherapy 101: Equine-facilitated psychotherapy ethics and skills for equine specialists*. Professional Association of Therapeutic Horsemanship International Conference and Annual Meeting, San Diego, CA.

**Sheade, H., & Yterdal, H.** (2013, November). *Playing with horses: Equine assisted play therapy*. Texas Counseling Association Annual Conference, San Antonio, TX

**Sheade, H., & Box, L.** (2013, November). *Playing with horses: Equine assisted play therapy*. Professional Association of Therapeutic Horsemanship International Conference and Annual Meeting, Orlando, FL.

**Sheade, H., & Box, L.** (2013, November). *The power of equine-facilitated psychotherapy in working with military veterans*. Professional Association of Therapeutic Horsemanship International Conference and Annual Meeting, Orlando, FL.

Chandler, C., & **Sheade, H.** (2013, October). *Teaching graduate courses in counseling techniques with the assistance of canines and equines*. Association for Counselor Education and Supervision Conference, Denver, CO.

**Sheade, H.** (2012, November). *Multicultural and diversity considerations in animal-assisted therapy*. Texas Counseling Association Annual Conference, Galveston, TX.

**Sheade, H.,** Knox, B., & Box, L. (2012, November). *The power of equine-assisted psychotherapy in working with military veterans*. Texas Counseling Association Annual Conference, Galveston, TX.

Kern, C., & **Sheade, H.** (2012, January). *Resilience: Supervising & teaching from an innovative perspective*. Texas Association for Counselor Education and Supervision Annual Conference, Austin, TX.

Akay, S., & **Sheade, H.** (2011, December). *The courage to be imperfect: Reaching children with perfectionism through play*. North Texas Chapter of the Texas Association for Play Therapy, Coppell, TX.

**Sheade, H.** (2011, October). *Incorporating equine-assisted counseling into your counselor education program*. Association for Counselor Education and Supervision Conference, Nashville, TN.

#### **Invited Presentations and Panels:**

**Sheade, H.** (2022, October). *Equine assisted mental health services: Military clients*. VA North Texas Healthcare System, Virtual Lunch and Learn.

**Sheade, H.,** & Hamrin, L. (2022, February). *Teaching effective therapeutic riding to participants with mental health concerns*. Professional Association of Therapeutic Horsemanship International Virtual Conference.

**Sheade, H.,** & Hamrin, L. (2021, November). *Creating safety in equine assisted counseling*. Certified Horsemanship Association International Conference, Fort Worth, TX.

**Sheade, H.** (co-facilitator). (2021, November). *Diversity, equity and inclusion panel*. Professional Association of Therapeutic Horsemanship International Annual Meeting, Virtual.

Boyd, N., & **Sheade, H.** (2021, May). *Diversity, equity, and inclusion: The journey forward in EAS*. Professional Association of Therapeutic Horsemanship International Virtual Conference.

**Sheade, H.** (2019, October). *Hope through horses: Power of equine assisted counseling in*

*treating trauma*. Trauma Support Services of North Texas, Lewisville, TX.

**Sheade, H.** (Invited presentation). (2019, April). *Overcoming Fear and Anxiety in EAAT Participants*. Professional Association of Therapeutic Horsemanship International. Annual Virtual Conference.

**Sheade, H., & Crandall, D.** (Invited presentation) (2017, October). *Healing through horses: The power of EAC in treating trauma*. Mental Health Community Connection of Johnson County, Cleburne, TX.

**Sheade, H.** (Invited webinar). (2017, September). *Understanding trauma in working with participants in EAAT*. PATH Intl.

**Sheade, H.** (Invited presentation). (2017, September). *Equine assisted counseling for military*. VETCO meeting, Fort Worth, TX.

**Sheade, H.** (2016, October). *Equine assisted counseling for military clients*. Cleburne, VFW, Cleburne, TX.

**Sheade, H. & Crandall, D.** (2016, June). *Healing through horses: The power of equine assisted counseling for children and teens*. Millwood Hospital, Arlington, TX.

**Sheade, H.** (2016, April). *Equine assisted counseling for sexual abuse survivors*. Annual Tarrant County Sexual Abuse Advisory Council (TCSAAC) Conference, Fort Worth, TX

**Sheade, H., & Yterdal, H.** (2015, August). *Equine assisted counseling for trauma*. Millwood Hospital, Arlington, TX.

**Sheade, H.** (2015, November). *Equine facilitated psychotherapy (EFP) community*. Professional Association of Therapeutic Horsemanship International Conference and Annual Meeting, Cleveland, OH.

**Sheade, H.** (2014, October). *Equine assisted counseling for veterans* (Invited Keynote Address). American Legion 6th District Convention, Waxahachie, TX.

## **SERVICE**

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2022-present	<b>Psychotherapy Technical Editor</b> , <i>Strides</i> magazine PATH Intl.
2021-present	<b>Member</b> , Development Committee Horses and Humans Research Foundation
2020-present	<b>Member</b> , Diversity, Equity and Inclusion Committee PATH Intl.

2018-present	<b>Member,</b> Health and Education Advisory Council PATH Intl.
2017-2022	<b>Board Member</b> S.T.E.P.S. With Horses
2017-2018	<b>Board Member</b> Mental Health Community Connection of Johnson County
2015, 2020, 2023	<b>Ad Hoc Reviewer</b> Society & Animals
2011-2013	<b>Community Engagement Co-Chair</b> Chi Sigma Iota International

## **Membership in Professional Organizations**

### International/National

American Counseling Association (ACA)	2009-2018
Association for Counselor Education and Supervision (ACES)	2011-2016
Association for Play Therapy (APT)	2011-present
Chi Sigma Iota, International Honor Society in Counseling (CSI)	2011-2016
Equine Assisted Growth and Learning Association (EAGALA)	2011-2013
Federation of Horses in Education and Therapy International AISBL (HETI)	2020-present
International Society for Equitation Science, Associate Member	2021-present
Military and Government Counseling Association	2016-2018
Pet Partners	2011-2013
Professional Association of Therapeutic Horsemanship International (PATH Intl.)	2007-present

### State

Texas Counseling Association (TCA)	2010-present
Texas Association for Counselor Education and Supervision (TACES)	2011-2018
Texas Association for Play Therapy (TAPT)	2011-present

## **PROFESSIONAL DEVELOPMENT AND SPECIALIZED TRAINING**

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### **Specialized Graduate Courses**

### **Research & Statistics**

**University of North Texas, Denton, TX**  
Department of Counseling and Higher Education (CACREP-accredited)

COUN 6130: Research in Counseling, Spring 2012  
COUN 5800: Quantitative Research in Play Therapy, Summer 2011  
Department of Educational Psychology

EPSY 6210: Multiple Regression and Related Methods, Fall 2012  
EPSY 6010: Statistics for Educational Research, Fall 2010  
EPSY 6020: Research Methods, Summer 2011

Department of Educational Development and Curriculum Instruction

EDCI 6280: Qualitative Research, Fall 2012

### **Clinical Practice**

**University of North Texas, Denton, Texas**  
Department of Counseling and Higher Education (CACREP-accredited)

COUN 5630: Transpersonal Counseling, Spring 2013  
COUN 6900: Neurobiology in Animal Assisted Therapy, Spring 2013  
COUN 6900: Couple Counseling, Fall 2012  
COUN 6900: Adlerian Techniques, Summer 2012  
COUN 6900: Advanced Animal Assisted Therapy Clinical Experience, Summer 2012  
COUN 5000: Filial Therapy, Spring 2012  
COUN 6900: Animal Assisted Therapy Clinical Experience, Spring 2012  
COUN 6140: Advanced Multicultural Counseling, Fall 2011  
COUN 6250: Advanced Crisis Counseling, Fall 2011  
COUN 5640: Group Play Therapy/Activity Therapy, Fall 2011  
COUN 6652: Teaching Counselor Education, Spring 2011  
COUN 6090: Counselor Supervision, Spring 2011  
COUN 5530: Animal Assisted Therapy, Summer 2010  
COUN 5700: Introduction to Play Therapy, Summer, 2010

**Georgia State University, Atlanta, Georgia**  
Department of Counseling and Psychological Services (CACREP-accredited)

CPS 8400: Introduction to Play Therapy, Spring 2010  
CPS 8460: Biopsychosocial Aspects of Addiction, Summer 2009  
CPS 8380: Family Systems and Interventions, Summer 2009

### **Specialized Training**



<i>Downunder Horsemanship Fundamentals Clinic (provided by employer)</i>	Summer 2013
<i>Fundamentals of EAGALA Model, Part 1 and 2</i>	Spring 2011
<i>Teaching Assistant and Teaching Fellows Orientation, University of North Texas</i>	Spring 2011
<i>Pet Partners</i>	Summer 2010

**Psychoeducational Assessments of Adults and Children**

*Experienced in administration and interpretation of the following instruments:*

- Adult Behavior Checklist (ABC)
- Adult Self Report (ASR)
- Beck Depression Inventory (BDI-II)
- Brief Patient Health Questionnaire (PHQ-9)
- Child Behavior Checklist (CBC) for 1 ½- 5 year olds
- Child Behavior Checklist (CBC) for 6-18 year olds
- Clinician-Administered PTSD Scale (CAPS)
- Generalized Anxiety Disorder-7 (GAD-7)
- Parenting Stress Index (PSI)
- Pediatric Quality of Life Inventory (PedsQL)
- Pediatric Symptom Checklist
- PTSD Checklist (PCL-5)
- Quality of Life Enjoyment and Satisfaction Questionnaire (Q-LES-Q-SF)
- Strengths and Difficulties Questionnaire (SDQ) (all ages)
- Stress Index for Parents of Adolescents (SIPA)
- Teacher Report Form (TRF)
- Youth Quality of Life Instrument – Short Form (YQOL-SF)

**EQUINE EXPERIENCE**

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November 2021- Present	<p><b>Equine Specialist (PATH Intl. ESMHL)</b>  <i>S.T.E.P.S. With Horses – Fort Worth, TX</i>  <i>Provide equine assisted counseling to adults, adolescents, and children as both a counselor and as an equine specialist; parent consultation; group counseling for children, adolescents, and adults; couples and family counseling; form partnerships with community agencies to serve populations in need; manage business and administrative tasks for practice; provide clinical supervision to counseling interns and equine specialists; design and develop play therapy area; coordinate equine management</i></p>
February 2014- Present	<p><b>Equine Specialist (PATH Intl. ESMHL)</b>  <i>Equine Connection Counseling, PLLC – Fort Worth, TX</i>  <i>Provide equine assisted counseling to adults, adolescents, and children as both a counselor and as an equine specialist; parent consultation; group counseling for children, adolescents, and adults; couples and family counseling; form partnerships with community agencies to serve</i></p>

*populations in need; manage business and administrative tasks for practice; provide clinical supervision to counseling interns and equine specialists; design and develop play therapy area*

January 2012-  
December 2013

**Equine Specialist (PATH Intl. ESMHL)**

Victory Therapy Center (formerly Rocky Top Therapy Center)-Keller, TX  
*Provide equine assisted counseling to adults, adolescents, and children as an equine specialist co-facilitator with counselors*

June 2010-  
December 2011

**PATH Intl. Certified Registered Instructor**

ManeGait Therapeutic Horsemanship – McKinney, TX  
*Created lesson plans and taught therapeutic riding lessons designed for people with cognitive, physical, or emotional disabilities; assisted in facilitating volunteer trainings and special events*

August 2009-  
May 2010

**Counseling Intern**

Pathways Transition Programs/HorseTime – Covington, GA  
*Conducted individual and group counseling sessions with a diverse base of child and adolescent clients in the office and at the HorseTime program using equine-facilitated psychotherapy, specifically vaulting and experiential groundwork; conducted assessments and wrote progress notes for clients; counseled primarily at-risk youth and children with trauma*

September 2008-  
May 2010

**PATH Intl. Certified Registered Instructor**

Chastain Horse Park – Atlanta, GA  
*Created lesson plans and taught therapeutic riding lessons designed for people with cognitive, physical, or emotional disabilities; taught “Little Bits” riding lessons to able-bodied children ages 3-7 years old; schooled lesson horses to decrease problem behaviors and increase usability; gained business skills as an independent contractor*

May 2008-  
March 2009

**PATH Intl. Certified Registered Instructor**

Special Equestrians of Georgia – Alpharetta, GA  
*Created lesson plans and taught therapeutic riding lessons designed for people with cognitive, physical, or emotional disabilities; assisted in various aspects of equine care*

August 2003-  
December-2005

**Volunteer – Horse Training**

South Florida SPCA – Miami Lakes, FL  
*Provided mounted and unmounted training and schooling for rescued horses who had been neglected and abused; assisted with equine medical care*

August 2003-  
December 2005

**Interim President (2005), Volunteer Coordinator (2004-2005)**

University of Miami Equestrian Team – Coral Gables, FL

*Competed on Intercollegiate Horse Show Association (IHSA) circuit; coordinated operations and horse showing for the Equestrian team; scheduled and evaluated volunteers to assist with horse training for the South Florida SPCA*

Summer 2003-2005 **Equine Director (2005); Instructor (2003-2005)**  
Kelly's Camp – Vernon Hills, IL  
*Managed instructors providing riding lessons and pony rides to young children; coordinated and administered equine daily care and medical care*

1994-2000 **Working Student**  
Red Coat Farm – Hawthorn Woods, IL  
*Trained with an established hunter/jumper trainer, Mary Goldman; participated in local circuit horse shows in Hunter, Equitation, and Jumper classes; shared-boarded a horse; completed barn chores such as grooming, tacking, administering medical care, taught beginner riding lessons; schooled horses both mounted and unmounted; coordinated day camp activities; assisted with billing*

1993-1994 **Student**  
Palatine Farm – Palatine, IL  
*Continued English riding lessons focusing on trot, canter, and jumping*

1990-1993 **Student**  
Hunter Hill Stables - IL  
*Began English riding lessons; achieved proficiency at walk, trot, canter, and jumping cross-rails*