

EQUINE ASSISTED COUNSELING & PSYCHOTHERAPY

S.T.E.P.S. With Horses is proud to offer specialized services free of charge for servicemembers, military veterans, and their family members through the Texas Veterans + Family Alliance Grant and United Way of Tarrant County.

Location:
Fort Worth, Texas



Supported by



TEXAS
Health and Human Services
*Texas Veterans + Family Alliance
Grant Program*



United Way
of Tarrant County

Equine Assisted Counseling & Psychotherapy is a form of counseling that integrates horses into the healing process. We can help you or a loved one experience growth and healing from struggles such as:

Depression

Anxiety

Posttraumatic stress or PTSD

Military reintegration and adjustment

Trauma and abuse

Grief

Anger management

Relationship issues

Child behavior issues

Variety of other mental health concerns

Get in touch with us!

Phone: (682) 219-8733

Email: office@stepswithhorses.org

Website: www.stepswithhorses.org

